

# St. Mary's School

December 2021

## Sincere Thanks!

We would like to extend a thank you to everyone who contributed to making the recent 2A Volleyball Provincials such a huge success!

Thank you to the tournament organizers who volunteered their time, effort and expertise. To the dedicated athletes and coaches as well as the fans and officials.

Lastly, thank you to the supporters who donated various items for this event!

We truly appreciate each and every one of you!



# OFFICE HOURS FOR SMS TEACHERS SEMESTER 1 (2021-2022)

Do you need extra help with any subjects or assignments? Check out this chart for extra time the teachers are putting in for just that reason. Stop in and ask your questions, or get the help you need. Parents are also welcome to stop in for a chat during these extra hours.



Mr. Bergenhenengowen	Tuesdays	3:15 - 3:45 p.m.
Ms. Buit	Mondays	3:15 - 3:45 p.m.
Mr. Doolittle	Thursdays	3:15 - 3:45 p.m.
Ms. Gatz	Tuesdays	3:30 - 4:00 p.m.
Mr. Kraemer	Mondays	3:15 - 3:45 p.m.
Mrs. Lagler	Thursdays	3:15 - 3:45 p.m.
Mr. Makarchuk	Wednesdays	3:15 - 3:45 p.m.
Mr. Marchesin	Mondays	3:15 - 3:45 p.m.
Mrs. Meier	Wednesdays	3:15 - 3:45 p.m.
Mrs. Siemens	Mon/Wednesdays	3:15 - 3:30 p.m.
Mrs. Smith	Thursdays	3:15 - 3:45 p.m.
Ms. Vienneau	Wednesdays	3:15 - 3:45 p.m.
Mr. Vornbrock	Thursdays	3:15 - 3:45 p.m.



# Athletes of the Week



Allison P. is one of this week's Athletes of the Week for her play on the SV Auroras volleyball team. She is a perfect example of a student athlete. Allison consistently balances learning and sport, and has thrived in both. Ending the season as a starting middle, Allison proved her skills to everybody often, and had her most effective player moments in the last few weeks. Allison is also the most improved player on the Aurora's team this year. Through hard work, dedication, and a constant desire to improve, Allison became an offensive and defensive threat on the court. Allison blocked for points and had a leadership voice on the team. Congrats on a great season Alli!



Matt G. is our St. Mary's Athlete of the Week for his play on the Rebels football team. Matt brings a great attitude and work ethic, and is always willing to do whatever is asked of him to help the team win. This was very apparent this past weekend in the Provincial Quarterfinal, against the Canmore Wolverines, where Matt put in perhaps his best performance of the season. He registered a pivotal quarterback sack to help seal the victory, and send us on to the next round of Provincials, against Drumheller. He is an all-around great player and teammate, and very deserving of being named Athlete of the Week. Way to go Matthew, St. Mary's is very proud of you, and we wish you well on the rest of your season!!



Kobe M. is our captain and his quiet leadership style fits well with our entire team. He shows a true passion for wanting the team to be successful and has a great ability to be versatile. Kobe moved around the court playing all positions other than setter this season, and he did so with some great success. Anyone who has ever played volleyball knows that moving positions mid match is not always easy, but Kobe did so without any pushback. He always is willing to provide what the team needs whether he is on the court or cheering on from the sidelines. Great season Kobe!





# Athletes of the Week



Sam P. is the athlete of the week for her play on the JV Auroras volleyball team. Sam has been sidelined with a knee injury since grade eight. She has really turned the corner the last half of the season. Sam has developed a wicked jump float serve and is usually one of the best passers in the gym. Her quick feet, hustle, read and react are second to none. She has improved her offensive prowess the last week and is playing her best volleyball of the year. Sam shows up to every practice with her lunchbox ready to work and she doesn't disappoint. Great job Sam.....



Jayda K. is one of our Athletes of the Week this week for participation on the SV Auroras volleyball team. This past weekend she had an absolutely dominant blocking performance at the 2A Girls Provincial Championship. In one match alone, Jayda had 9 blocks, 5 of which were blocking points. She received praise from opponent coaches for her dominant net play. Jayda is also a fierce competitor. Opposition should expect a very tough game whenever Jayda is on the court. A deep desire to win and to do her best for her teammates drove Jayda's competitive edge this year. Congrats on a great season Jayda.



Gavin K. is one of the hardest workers we have on our team. He has shown that hard work really pays off in his abilities this season playing the toughest position (setter) as a grade 9 athlete. Gavin takes each game personally and does everything he can to help the team win. He is one of our most consistent players who always comes to play with a great passion for the game. Great work Gavin!



**Little Storm  
Basketball  
Tournament  
December 10 and 11**



*Ecce Ego Sum Mitte Me*

# St. Mary's School

5427 – 50 Street Taber, Alberta T1G 1M2  
Phone (403) 223-3165 / Fax (403) 223-4233

November 17, 2021

## RE: Spectators for Junior High Extra-Curricular Activities

Dear Parents and Guardians,

As basketball season approaches, please be informed that effective December 6, 2021, St. Mary's School will be extending our spectator policy to include junior high students (including grade 6). The spectator policy is as follows:

1. Each student participant (from both the home team and visiting team in the case of athletics) will be allowed **two (2) adult spectators** at indoor league games only.
2. Students and other community spectators will not be permitted at indoor events unless authorized by the principal under volunteer status.
3. St. Mary's will not be hosting spectators for junior high tournament play at this time.
4. The admittance of the **two adult spectators** will be in keeping with the Holy Spirit Catholic School Division's Restriction Exemption Program that follows the provincial requirements of a Restriction Exemption Program (<https://www.alberta.ca/covid-19-public-health-actions.aspx>). Along with a government issued ID, spectators must provide proof of vaccination or proof of testing negative for COVID-19 on a Health Canada approved rapid antigen, a rapid PCR, or a lab-based PCR test approved by Health Canada, within 72 hours of the scheduled event. Other mitigation measures will be in place including sanitization, wearing of face masks for spectators and volunteers, and social distancing within family groups. Non-compliance with safety measures will result in immediate removal from the event.

Further communication regarding spectator attendance for the Christmas band concert will be forthcoming. As this event includes all grade levels, we are in the process of determining spectator capacity and site functionality.

Thank you for your prayers and continued support of St. Mary's.

Mark DeJong  
Principal  
St. Mary's School



# Band News

St. Mary's School will be holding its annual Christmas concert on Wednesday, December 15th at 7:00 pm in the school gym. All band students from grades 6 to 12 as well as the Jazz band will be performing. A silver collection will be taken at the door to help support the St. Mary's Band Program.

Due to COVID regulations, 2 free tickets will be issued to each family with a student that is performing. Spectators must be 18 years of age or over and show proof of COVID vaccination or a recent negative test.

Tickets are not required, but there will be a silver collection at the door. Students need to be at the school no later than 6:20 pm that evening and need to be in full uniform (grade 6 to 8 - white dress shirt or sweater and black pants or skirt, grades 9 to 12, black pants and uniform with tie).

Parents of students renting instruments from the school are reminded that the \$70 fee for the instrument rental is now due. If you have not already paid the fee, please see Mr. Makarchuk or Mrs. Muller in the office ASAP.

The St. Mary's Band Booster Club will be holding its next executive meeting on Tuesday, December 7th at 6:00 pm in the band room. All interested parents are invited to attend.

Parents are also reminded that Home Performance Assignment are due every month. The next HPA is due right after we get back from Christmas on January 4th. Please make sure your son/daughter has played for you and handed in their evaluation prior to this date.

Grade 6-8 students are reminded that they need to hand in a practice sheet EVERY week. To receive full marks, students need to practice 70 minutes, and can receive bonus marks if they practice more than 70. Extra sheets are available in the band room.

# OFF-CAMPUS NEWS



DUAL  
CREDIT

## Dual Credit Program

We are getting excited about new Dual Credit opportunities being offered in the Winter semester by our post-secondary partners, Lethbridge College and Olds College. Students can choose from a variety of courses that will earn them five 30-level high school credits and three credits from the post-secondary institution.

Course Offerings Winter Semester 2022 (February - May)

### Lethbridge College



- **Agriculture Finance** - online, asynchronous
- **Introduction to Psychology** - online, asynchronous
- **Marketing Fundamentals for Media** - online, asynchronous
- **Physical Geology** - online, asynchronous, with some on-campus labs
- **Principles of Animation** - online, asynchronous

### Olds College



- **Applied Ecology** - online, asynchronous
- **Global and Sustainable Tourism** - online, asynchronous
- **Intro to Sports Management** - online, asynchronous
- **Producing Horticulture Crops** - online, asynchronous
- **Solving Technology Problems (Agriculture Based)** - online, asynchronous
- **Veterinary Practice: The Team Connection** - online, asynchronous



For more information about the Dual Credit program, please contact Mrs. McAdam at [mcadamw@holyspirit.ab.ca](mailto:mcadamw@holyspirit.ab.ca)

## U of L Board of Governor's Admission Scholarship



Apply for admission before **December 15th**, and you will be automatically considered for up to \$1,000 with a Board of Governors' Admission Scholarship. **Apply at:** <https://www.ulethbridge.ca/future-student/application>

## Try UBC University Courses



Check out UBC's "Try a University Subject" before you decide if post-secondary is for you!

For more information on what courses are offered and to register go to: <https://extendedlearning.ubc.ca/programs/future-global-leaders-online-winter?>

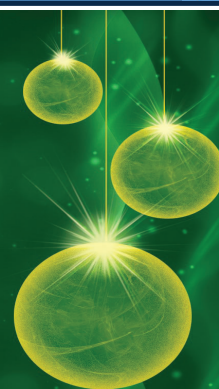
## November Hours

All RAP and Work Experience students please remember to hand in or send your November time sheets or pay stubs to Mr. Boschee or Mrs. Gurr.



*Merry Christmas  
and best  
wishes for 2022.*

*Mr. Boschee,  
Mrs. Gurr &  
Mrs. McAdam*



## Your Off-Campus Team



Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: [boscheem@holyspirit.ab.ca](mailto:boscheem@holyspirit.ab.ca)  
Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: [gurrw@holyspirit.ab.ca](mailto:gurrw@holyspirit.ab.ca)  
Wendy McAdam - Dual Credit Liaison— 403-327-4596 Ext 313 or Email: [mcadamw@holyspirit.ab.ca](mailto:mcadamw@holyspirit.ab.ca)



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# CULTIVATING COMMUNITY

rural youth photography project

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**REGISTRATION OPEN NOW!**



**YOUTH 13 - 18 / MD OF TABER / FREE / IN-PERSON**

*Develop your **photography** skills, learn how to **curate an art exhibit**, and **have your work featured** in gallery spaces across southern Alberta!*

- ▶ PHOTOGRAPHY WORKSHOP
- ▶ CURATION WORKSHOP
- ▶ PROFESSIONAL PRINTING & FRAMING OF PHOTOS
- ▶ TRAVELING ART EXHIBIT

**Workshops running in January 2022**, exhibit opening at the **Southern Alberta Art Gallery** in mid-February.

**Register** by contacting Jamie Lewis at **403-795-2963** or **jamie.lewis@fcss.ca**.



CAREER EXPLORATION SESSION

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# ARCHAEOLOGIST

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January 26, 2022  
4:30pm



Archaeologists work at locating and identifying archaeological sites, palaeontological (dinosaur bones, other fossils), old and abandoned buildings and other remnants of the past. This career involves planning, research, analysis, archaeological excavation and laboratory analysis to help preserve, protect and understand ancient sites and remains. The most rewarding part of being an archaeologist is finding artifacts that have not been seen in hundreds or thousands of years, and preserving them for the future. Join Tyrel to find out more about an in-demand career of exploration and discovery.



**Register  
now**

Once registered, you will receive an email with the link, plus additional information regarding the event.

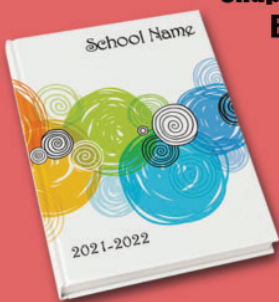
**Questions? Email [office@careersteps.ca](mailto:office@careersteps.ca)**

Introducing our new **STUDENT JOB BOARD**. If you have a job that could be filled by a high school student, please advertise with us! Email your job descriptions to [ulrickd@holyspirit.ab.ca](mailto:ulrickd@holyspirit.ab.ca) or call the school at 403-223-3165.

**Looking for a job? Check out our student job board located just outside of the library by the north doors.**



**Snapchat doesn't last forever!  
But a YEARBOOK does!  
Purchase your yearbook  
in the office while  
supplies last!  
\$40.00 each**



**They make great  
Stocking Stuffers!**

**Ask your teacher when  
their office hours are.**



**Need  
Homework  
Help?**

**OPEN** Office Hours

*Please utilize the teachers office hours to discuss any concerns with the recent progress reports. Office hours are posted on our website under **SCHOOL/CONTACT***

**Christmas Band Concert  
December 15 @ 7pm**





## Next Soup Day Thursday, December 16



Congratulations to Tessa L., the winner of the Safe Haven Women's Shelter coloring contest. Check out their website at [tabersafehaven.ca](http://tabersafehaven.ca)

# Become a Homestay Family

*More International Students Arriving in January!*



Have a fun and caring family?

- Enjoy learning about other cultures?
- Have a spare bedroom?
- We offer \$800 per month

**Open your home to an  
International Student this year!**

**Please contact Wendy Urquhart**

**(403) 331-4458**





# December

Together on the Journey



St. Mary

Schools: École St. Mary, St. Mary Taber  
Our Lady of the Assumption

*“And Mary said, “My soul magnifies the Lord, and my spirit rejoices in God my Savior; for he has looked with favor on the lowliness of his servant. Surely, from now on all generations will call me blessed; for the Mighty One has done great things for me, and holy is his name.”*

Luke 1:46-49



## ST. MARY

Mary, the mother of Jesus, commonly referred to as Mary, Mother of God, Saint Mary, Virgin Mary and Blessed Virgin Mary, is one of the most admired figures in Scripture, and considered by many to be the greatest of all Christian saints. She was chosen and prepared by God to be the mother of His Son, because she freely chose to cooperate fully in the graces given to her and in the vocation she received. She was a willing servant who trusted God and obeyed His call. While her life held great honour, her calling also required great suffering. Though there was joy in motherhood, there was great pain in the privilege of being the mother of the Messiah. Despite these things, she responded to God with great obedience and submission to His plan. Her life never robbed Jesus of His glory, for her mission was to witness the glory of the Son of God.

## The Miraculous Medal

"The religious sense of the Christian people has always found expression in various forms of piety surrounding the Church's sacramental life, such as the veneration of relics, visits to sanctuaries, pilgrimages, processions, the stations of the cross, religious dances, the rosary, medals, etc." (CCC 1674). There are many devotions that Catholics have to Mary, from devotion to Our Lady of Guadalupe to Mary, Undoer of Knots. One particular sacramental devotion is the Miraculous Medal, which has held a special place in the heart of many Catholics since 1830, when the Blessed Mother appeared to St. Catherine Labouré and asked her to create it.

"O Mary, conceived without sin, pray for us who have recourse to thee."



The rays that shoot out from Mary's hands "symbolize the graces I shed upon those who ask for them."

Mary standing on the globe, with the head of a serpent beneath her feet.

The year 1830 on the Miraculous Medal is the year the Blessed Mother gave the design of the Miraculous Medal to St. Catherine Labouré .

12 stars represent the 12 Apostles.



The cross reminds us of Jesus' cross of redemption.

The "M" reminds us that Mary is both Mother and Mediatrix.

Two flaming hearts. The left heart, circled with thorns, represents Jesus. The right heart, pierced by a sword, symbolizes Mary.

There is no superstition, nothing of magic, connected with the Miraculous Medal. The Miraculous Medal is not a "good-luck charm". Rather, it is a great testimony to faith and the power of trusting prayer. Its greatest miracles are those of patience, forgiveness, repentance, and faith. God uses the Medal, not as a sacrament, but as an agent, an instrument, in bringing to pass certain marvelous results. "The weak things of this earth hath God chosen to confound the strong." (1 Corinthians 1:27)

*“Then Mary said,  
“Here am I,  
the servant of the Lord;  
let it be with me  
according to your word.”  
Then the angel departed from her.”*

- Luke 1:38

# December

Together on the Journey



St. Mary

Schools: École St. Mary, St. Mary Taber  
Our Lady of the Assumption

## Feast Days and Celebrations December 2021

- 8 Immaculate Conception of the Blessed Virgin Mary
- 12 Feast Day of Our Lady of Guadalupe
- 12 National Day of Prayer in Solidarity with Indigenous People
- 25 Christmas Day/The Nativity of the Lord
- 26 Feast of the Holy Family
- Jan. 1 The Solemnity of Mary, the Holy Mother of God

As you journey with St. Mary this month...

### WEEK ONE

What do you think it was like for Mary and Joseph to talk about this baby having been conceived miraculously? To receive the visit of the wise men, to fly by night into Egypt, to return to Nazareth? Imagine yourself in one of these scenes. What might God be teaching you through this scene?



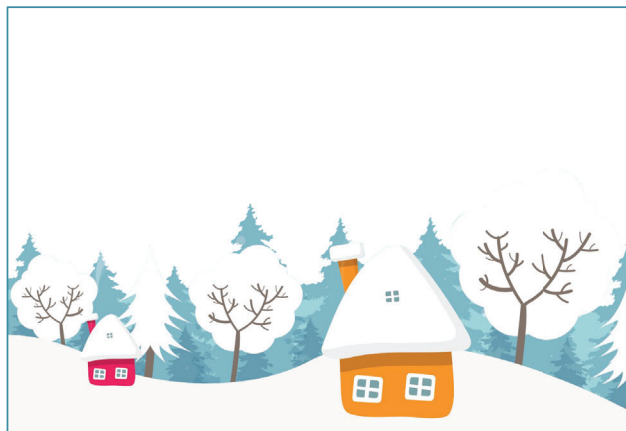
### WEEK TWO

We all have many memories of Christmas - memories of family, food, presents, and the rest. When you think of Christmas, what makes you think of Jesus? Spend a few moments today thanking God for that memory.



### WEEK THREE

Think about your mother today. How has her life blessed you? Where does she need your prayers? Offer a prayer to God today for your mother.



### WEEK FOUR

Who do you consider a spiritual parent? Who in the Church has handed on the faith to you? Who in the Church has taught you about the Bible? Which family members? Which priests or deacons or bishops? Remember their teaching and thank God for them today.



Sources: *Daily Lessons from the Saints* by Fr. Brice Higginbotham  
[6 Fascinating Facts about Mary, Mother of Jesus](#)  
[What Is The Miraculous Medal](#)  
[Association of the Miraculous Medal](#)



### Sunday Gospel Readings

- Dec. 5th/2nd Sunday of Advent  
Luke 3:1-6
- Dec. 12th/3rd Sunday of Advent  
Luke 3:10-18
- Dec. 19th/4th Sunday of Advent  
Luke 1:39-45
- Dec. 26th/Holy Family of Jesus, Mary and Joseph  
Luke 2:41-52



**KALEIDOSCOPE**  
INCLUSIVE YOUTH PROGRAMMING



# DECEMBER 2021

## FREE EVENTS | YOUTH 13 - 18



@kaleido\_fcsc



@kaleido\_fcsc



@kaleidoscopefcsc

### ONLINE

#### YOUNG WRITERS CLUB

FRIDAY, DEC. 3  
@ 6:00 - 8:00 PM

#### DUNGEONS & DRAGONS

SATURDAY, DEC. 11  
@ 2:00 - 4:00 PM

#### YOUNG WRITERS CLUB

FRIDAY, DEC. 17  
@ 6:00 - 8:00 PM

#### DUNGEONS & DRAGONS

SATURDAY, DEC. 18  
@ 2:00 - 4:00 PM

Contact Jamie Lewis  
at 403-795-2963 or  
[jamie.lewis@fcsc.ca](mailto:jamie.lewis@fcsc.ca)  
to register!

#### ACTING & AUDITIONING WORKSHOP (ONLINE)

SATURDAY, DEC. 4  
@ 2:00 - 3:30 PM

An artist talk, Q&A, and workshop with a professional actor and writer in Vancouver.

#### HOLIDAY MOVIE & CARDMAKING (COALHURST)

FRIDAY, DEC. 10 | REGISTER BY DEC. 8  
@ 12:30 - 4:00 PM

Enjoy pizza, goodies & a holiday movie while we make cards for Coalhurst community members.

#### WATERCOLOUR MOSAIC PAINTING (TABER)

WEDNESDAY, DEC. 22 | REGISTER BY DEC. 18  
@ 2:00 - 4:00 PM

Practice watercolour painting while creating a beautiful mosaic of your work. Free supplies.

**NOW OFFERING IN-PERSON PROGRAMMING**





# Alberta Diploma Prep

*Get the skills you need and the grade you want!*

- ❖ Certified Alberta Teachers
- ❖ Offering Preps Since 2001

- ❖ Extensive Notes Packages
- ❖ Practice Diploma Style Questions

<b>Biology 30 – Units A &amp; B</b> January 22 Saturday from 10:00am – 4:00pm	<b>Math 30-2 – Sets, P/C, Prob, Rationals, Exp/Logs</b> Saturday January 15 from 10:30am – 4:30pm
<b>Biology 30 – Units C &amp; D</b> January 23 Sunday from 10:00am – 4:00pm	<b>Math 30-2 – Sine &amp; Poly Func, All Unit Practice</b> Sunday January 16 from 10:30am – 4:30pm
<b>Chemistry 30 – Units A &amp; B</b> January 22 Saturday from 10:30am – 4:30pm	<b>Math 30-2 – Complete</b> January 15, 16 Sat – Sun from 10:30am – 4:30pm
<b>Chemistry 30 – Units C &amp; D</b> January 23 Sunday from 10:30am – 4:30pm	<b>Physics 30 – Units A &amp; B</b> January 22 Saturday from 10:00am – 4:00pm
<b>English 30-1 – Essay (Part A)</b> January 8 Saturday from 10:00am – 5:00pm	<b>Physics 30 – Units C &amp; D</b> January 23 Sunday from 10:00am – 4:00pm
<b>English 30-1 – Multiple Choice (Part B)</b> Jan 9 Sunday from 10:00am – 3:00pm	<b>Physics 30 – Complete</b> January 22, 23 Sat – Sun from 10:00am – 4:00pm
<b>Math 30-1 – Complete</b> January 8, 9 Sat – Sun from 10:30am – 4:30pm	<b>Science 30</b> January 24, 25, 26 Mon-Tue-Wed from 5:30pm – 9:30pm
<b>Math 30-1 – Trans, Polynomials, Exp/Logs</b> Jan 15 Saturday from 10:30am – 4:30pm	<b>Social 30-1/30-2 – Essay (Part A)</b> January 8 Saturday from 10:00am – 4:00pm
<b>Math 30-1 – P/C, Radical/Rational, Trig</b> Jan 16 Sunday from 10:30am – 4:30pm	<b>Social 30-1/30-2 – Multiple Choice (Part B)</b> Jan 9 Sunday from 10:00am – 4:00pm
<b>Math 30-1 – Complete</b> January 15, 16 Sat – Sun from 10:30am – 4:30pm	<b>Social 30-1/30-2 – Complete</b> January 8, 9 Sat – Sun from 10:00am – 4:00pm

## Starting at \$25

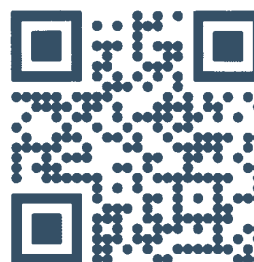
(Reduced pricing for a limited time)

Classes are **Livestreamed** and **On Demand**

@diplomaprep



More courses and more info at  
[www.diplomaprep.com](http://www.diplomaprep.com)



# November



BOARD  
MEETING

December 7 at 7:00pm

Giving Tuesday is Tuesday, November 30th! If you would like to donate, you can find our charity on [Canada Helps](https://CanadaHelps.com) or [ATBcares.com](https://ATBcares.com).

Together we fight hunger, because no one should go hungry. COVID-19 has brought new challenges for everyone. With your support we can continue to provide food resources to our neighbours in need.



Looking to get out of the house during the upcoming winter months? Become a volunteer! We are looking for volunteers that can commit to least one day a week, Monday-Friday, for up to 2-5 hours a shift. Volunteers that are able to lift 50 lbs repetitively and are good at organizing can reach out and let us know that they are interested! Have another skill not listed? We may be able to find something for you too! Please contact the office at (403)223-1833 for more information.





february 26, 2022  
it's cold out there

# Taber Food Bank Society



## It's cold out there.

On February 26, Taber Food Bank is hosting the **Coldest Night of the Year**, a 2 & 5 km winter walk (with a self-organized virtual option) hosted in 150+ cities across Canada in support of our work in Taber with people experiencing homelessness, hurt, and hunger.

- **GOAL:** With your help, our goal is to raise \$20,000 by February 26, 2022!
- **HOW:** To accomplish our goal, we're looking for 13 team captains (of all shapes, sizes and ages) who will recruit 5-7 friends to their team, with a goal of raising approximately \$1500 per team. Of course, we're also looking for a whole pile of walkers to join each of our teams and help us raise the funds.
- **TOQUE BONUS:** Every walker who raises either \$75 (youth 17 and under) or \$150 (for adults) gets our famous Coldest Night toque as thanks for being amazing fundraisers.

\* contact

If you have any questions or need promotional materials please contact us below:

Matilda Van Huizen  
Phone: 403-332-0822  
arntilvh@telus.net

**NOVEMBER 2021**





\* get started

## HOW TO CAPTAIN A TEAM FOR TABER FOOD BANK

Once you've registered, your team and name will show up on the Scoreboard and on our location page too! (Note: it takes 5-10 minutes to appear.)

- Visit [cnoy.org/](http://cnoy.org/) and click the big **REGISTER** button
- Create your new account (or sign in to your account from last year)
- Select the **LOCATION** where you'll be walking and continue
- Click to accept the **WAIVER** and continue
- Under **REGISTRATION TYPE**, click **CREATE A TEAM**
  - Name your team (and write a brief description)
  - Accept or increase your fundraising goal (this can be edited later!)

Once you've registered, your team will show up on our CHARITY PAGE, which is:

[cnoy.org/location/taber](http://cnoy.org/location/taber)

You can begin recruiting team members and raising funds immediately!

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## HOW TO JOIN A TEAM FOR TABER FOOD BANK

If you would like to walk with us but don't want to start a team, please join our general team called Taber Food Bank Hoofers.

- Visit [cnoy.org](http://cnoy.org/) and click the big **REGISTER** button
- Create your new account (or sign in to your account from last year)
- Select the **LOCATION** where you'll be walking and continue
- Click to accept the **WAIVER** and continue
- Click **JOIN A TEAM** (or register individually if you wish and join a team later)
- Search for you **TEAM** by name or captain name
  - Select that team from the list and proceed to complete registration

an event by blue sea  
blueseafoundation.org  
helping charities thrive

blueseas  
FOUNDATION

# Meet The Team

Each month we highlight one of our board members, volunteers or staff that play such a vital role in the operations of the food bank.

This month we are featuring one of our board members, Jodi Hummel. Jodi grew up in southern Alberta, just west of Lethbridge. She now lives in Taber with her husband James, and their three children. Jodi teaches grade 9 at Taber Christian School.

Jodi believes that food is a basic human need and everyone deserves to have food on their plates. Her passion about food security and knowing where your food comes from drew her to join the Taber Food Bank board in September 2021. She states that she loves being a part of an organization that meets the needs of people in Taber and beyond.

Jodi feels that finishing her education degree in Edmonton during a very busy time in her life was a big accomplishment for her. Keeping up with her beautiful children is also a daily accomplishment!

When asked about her favourite sport, Jodi stated that she loves playing soccer and volleyball. She loves team sports and staying active. In 2018, she and her husband even completed a triathlon, which had been a goal of hers.

While Jodi loves the vastness of the prairies and all of the sunshine we receive here, if she could live anywhere in the world, she would pick Greece, as she has always been fascinated with Greek history and loves the food.

Jodi's most memorable vacation was when they travelled as a family in 2017 to England to celebrate her wedding and have a second ceremony. It was memorable because of all the family that was there and the friends and family that had travelled from Canada with them.

Welcome to the board Jodi!



## We still have a couple of openings for our farmers shed!

If you have some animals you would like to feed with the help of produce and baked goods that do not meet our food safety standards for human consumption, give the office a call at (403)223-1833 to be assigned an opening!

## October 2021 Stats

Last month we:

- Served 300 individuals between our pickshelf and hamper programs
- Gave out 159 pre-made sandwiches
- Had 23 volunteers serve 312 hours
- Gave out 3,047 lbs of food to other local agencies
- Distributed 370 litres of milk



Christmas hamper registrations are open until 3:00pm on Friday, December 17th. The Christmas Hamper Program is intended to provide support to families and individuals in need who otherwise may not have a holiday meal. A hamper can help alleviate the stress associated with the holidays by helping to put a nutritious meal on the table. Registration has begun and is open Tuesday-Friday, 9:00am-3:00pm. The process follows the same steps as our regular hamper registrations. Contact the office at (403)223-1833 for more information.

### Food bank information:

**Hours for pickshelf: Tuesday-Friday 9:00am-3:00pm by appointment only**

**Hours for Hampers: Tuesday-Friday 11:00am-2:00pm by appointment only**

**Address: 5512 48 Ave, Taber, AB, T1G 1S4**

**Phone: (403)223-1833**

Visit us on social media!



**@taberfoodbank**