



OFFICE HOURS FOR SMS TEACHERS SEMESTER 2 (2021-2022)

Do you need extra help with any subjects or assignments? Check out this chart for extra time the teachers are putting in for just that reason. Stop in and ask your questions, or get the help you need. Parents are also welcome to stop in for a chat during these extra hours.



Mr. Bergenhenengowen	Tuesdays	3:15 - 3:45 p.m.
Ms. Buit	Mondays	3:15 - 3:45 p.m.
Mr. Doolittle	Thursdays	3:15 - 3:45 p.m.
Ms. Gatz	Tuesdays	3:30 - 4:00 p.m.
Mr. Kraemer	Mondays	3:15 - 3:45 p.m.
Mrs. Lagler	Thursdays	3:15 - 3:45 p.m.
Mr. Makarchuk	Wednesdays	3:15 - 3:45 p.m.
Mr. Marchesin	Mondays	3:15 - 3:45 p.m.
Mrs. Meier	Wednesdays	3:15 - 3:45 p.m.
Mrs. Siemens	Mon/Wednesdays	3:15 - 3:30 p.m.
Mrs. Smith	Thursdays	3:15 - 3:45 p.m.
Ms. Vienneau	Wednesdays	3:15 - 3:45 p.m.
Mr. Vornbrock	Thursdays	3:15 - 3:45 p.m.

★★★★★ STUDENTS OF THE MONTH ★★★★★



January 2022
Connor Eldridge
Academics



January 2022
Cooper Firth
Academics



February 2022
Ariana Cruz
Volunteerism



February 2022
Evan Van Haarst
Fine Arts



February 2022
Morgan Bruce
Fine Arts

★★★★★ ATHLETES OF THE WEEK ★★★★★



Brendan is our St. Mary's Athlete of the Week. He is a member of the Celtics Basketball team. Brendan always comes to practice and games with a positive attitude, he offers 100% in everything he does. Although quiet, Brendan leads through his actions and is always supportive of his team mates. Brendan is a huge asset to the Celtics and a pleasure to coach!



Logan is our St. Mary's athlete of the week for her play with the SV Auroras Basketball Team. Logan has had a great season so far and a very impressive weekend at the Rundle College Tournament. She was the Aurora's Tournament MVP and had all around solid stats in points and rebounding for the Auroras. Logan is committed to learning and improving in practice which is paying dividends for her on the court during the games. We are excited to watch Logan continue to improve and help her team for the rest of the season.



Gavin is our player of the week, for his play on the SV Storm boys basketball team. Gavin had a great weekend of basketball, during our Big Storm Tournament. He always had the tough assignment of guarding the other team's big player. While sometimes undersized compared to his competitor, Gavin played tough defense while also chipping in on the offensive end. Gavin is continuously our leading rebounder. When Gavin is having a good game. The end results are usually in our favour.

OFF-CAMPUS NEWS



February Hours

All RAP and Work Experience students please remember to hand in or send your February time sheets or pay stubs to Mr. Boschee or Mrs. Gurr.



Lethbridge College

OPEN HOUSE

MARCH 5

10am to 1pm

We are ready for you either in person or online.

Register at:

<https://explorelc.ca/>

March

Online Career Exploration Sessions Hosted by Career Transitions

Kinesiologist—March 3

Plumber—March 24

Branch Manager—March 30

Optometrist—March 31

Register for any or all of these sessions at:

<https://careersteps.ca/exploration-sessions/#1562036508521-0b6ad68b-85ba31f1-ba6f>



Virtual Showcase Information Session hosted by CAREERS: The Next Generation

Agriculture and Plant Systems—**March 1**

Telecommunications and U21 Indigenous Youth Career Pathways - **March 2**

Scaffolding Sessions—**March 8**

Register for any of these sessions at: <https://www.careersnextgen.ca/>



CAREERS: The Next Generation Young Women in Trades and Technologies Spring Camp— Lethbridge

April 20 & 21, 2022

Are you ready to discover your passion! Join our free in-person YWITT Camp for female youth in grades 10-12. This year we will be accepting 6 female youth to participate in our 2-day camp.

During the camp, students will have the opportunity to explore several careers in the skilled trades, gain hands on experience, talk with female mentors who are working in the field, and connect with other young women with similar interests.

Register at: <https://www.tfaforms.com/4964018>



Your Off-Campus Team

Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: boscheem@holyspirit.ab.ca

Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: gurrw@holyspirit.ab.ca

Wendy McAdam - Dual Credit Liaison— 403-327-4596 Ext 313 or Email: mcadamw@holyspirit.ab.ca



FOOD TRUCKS FOR THE FOOD BANK!



**The food trucks are coming BACK!
Thursday, June 16th!**

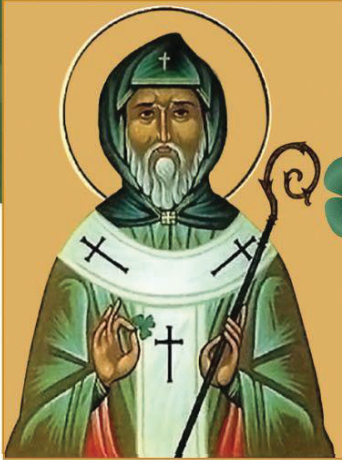
*Does your class want to be served first on food truck day? Bring in items for the food bank for your classes chance to be dismissed before everyone else! **Food bank items accepted now until April 14!** Please give items to Mrs. Ulrick in the library!*

March

Together on the Journey

“But you are merciful to all, for you can do all things, and you overlook people’s sins, so that they may repent. You spare all things, for they are yours, O Lord, you who love the living.”

Wisdom 11:23, 26



St. Patrick

Schools: St. Patrick Taber
St. Patrick Fine Arts

SPT



ST. PATRICK

St. Patrick was born in Roman Britain. At around fourteen years of age, he was captured by Irish pirates and taken to Ireland as a slave to herd and tend sheep. Patrick's captivity lasted until he was twenty, when he escaped after having a dream from God in which he was told to leave Ireland by going to the coast. There he found some sailors who took him back to Britain and was reunited with his family. A few years after returning home, Patrick saw a vision that prompted his studies for the priesthood. He was later ordained a bishop and sent to take the Gospel to Ireland. He converted many people and began building churches across the country. He often used shamrocks to explain the Holy Trinity.

The Three Pillars of Lent - Prayer, Fasting, and Almsgiving

Lent is a 40 day season of prayer, fasting, and almsgiving that begins on Ash Wednesday and ends at sundown on Holy Thursday. It's a period of preparation to celebrate the Lord's Resurrection at Easter. During Lent, we seek the Lord in prayer; we serve by giving alms; and we practice self-control through fasting. We are called not only to abstain from luxuries during Lent, but to a true inner conversion of heart as we seek to follow Christ's will more faithfully.



Prayer

Throughout the season of Lent, we are called to deepen our prayer life. For some of us, this means beginning a habit of daily prayer, setting aside time each day to share our hopes, joys, fears and frustrations with God. Praying first thing in the morning, or talking to God while on your way to school are simple ways to integrate prayer into everyday life.

Ideas for prayer include: [Praying the Rosary](#), [Stations of the Cross for Children: Prayers and Colouring Pages](#), Lenten Devotionals.



Fasting

During Lent, we “give things up” not to torture ourselves, but to free ourselves! By sacrificing things we find pleasurable, we are eliminating any stumbling blocks between ourselves and God’s love. Our sacrifices should come from love, not a sense of guilt or obligation.

Ideas for fasting include: Limiting shopping; soda; video games; texting; social-media exposure, or ways to quiet our minds and open our hearts to transformation.



Almsgiving

One of the central lessons of the cross is compassion; the heavy burdens we carry help us to appreciate the suffering in others. Sharing our material goods is often just the beginning of real Christian giving. We are also called to share our time tending to people in need.

Ideas for almsgiving include: Donating toys and clothing to charity; Money Jar (collecting money during Lent and then giving it to a charity); acts of kindness or words of encouragement.

*“Hear, O Lord,
and be gracious to me!
O Lord, be my helper!”*

- Psalm 30:10

March

Together on the Journey



St. Patrick

Schools: St. Patrick Taber
St. Patrick Fine Arts

Feast Days and Celebrations March 2022

- 2 Ash Wednesday
- 4 World Day of Prayer
- 6 1st Sunday of Lent
- 13 2nd Sunday of Lent
- 17 Feast of St. Patrick
- 19 Feast of St. Joseph, Spouse of the Blessed Virgin Mary
- 20 3rd Sunday of Lent
- 25 Annunciation of the Lord
- 27 4th Sunday of Lent

As you journey with St. Patrick this month...

WEEK ONE

God doesn't directly cause suffering, but He allows it so He can use it to draw us closer to Himself. St. Patrick himself was kidnapped into slavery as a teenager and spent most of his time alone. Can you think of a time of suffering in your life that God ended up using to bless you? Thank God for that today, and together, say the prayer of St. Patrick.

Christ with me, Christ before me, Christ behind me, Christ within me,
Christ beneath me, Christ above me, Christ at my right, Christ at my left,
Christ when I lie down, Christ when I sit, Christ when I stand,
Christ in the heart of everyone who thinks of me,
Christ in the mouth of everyone who speaks to me,
Christ in every eye that sees me, Christ in every ear that hears me.
Amen.

WEEK TWO

Even though Patrick was told by God in a dream to escape his slavery in Ireland and return to Britain, his attempts were met with many obstacles that were impossible for him to overcome alone. Think of difficulties, challenges, or obstacles for which you feel ill-equipped. Choose one of these to take to prayer.

"And this is the boldness we have in him, that if we ask anything according to his will, he hears us." (1 John 5:14)

WEEK FOUR

Thank God for the priest or deacon who baptized you. Say a prayer for him. Then say a second prayer thanking God for the many people who serve us, the Church, by giving glory to God and helping us become saints ourselves.

WEEK THREE

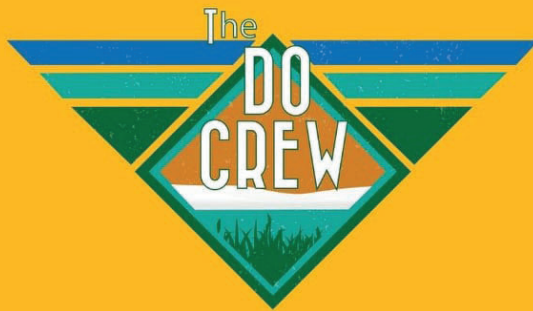
God revealed to Patrick his plans for him in a dream. He told Patrick to go and find the ship that was waiting to return him to Britain so that he could learn to preach the Gospel. When he found the ship, the sailors refused to take him! As Patrick began to return to the forest, praying as he walked, the sailors called him back and decided to take him on board anyway. After three days of sailing, they made land, then wandered through Scotland for 27 days, nearly starving. Realizing that Patrick was close to God, the sailors asked him to pray to God for help. Patrick responded by inviting them to pray to Jesus for help themselves, even though they were not Christians. They did, and on that same day, they found food. God provided sustenance for the rest of their journey. It's important to remember that with God, we are never alone. Who can you encourage to pray or pray with?

Sunday Gospel Readings

- March 6th/1st Sunday of Lent
Luke 4:1-13
- March 13th/2nd Sunday of Lent
Luke 9:28b-36
- March 20th/3rd Sunday of Lent
Luke 13:1-9
- March 27th/4th Sunday of Lent
Luke 15:1-3, 11-32

Sources: *Daily Lessons from the Saints* by Fr. Brice Higginbotham
[Why we pray, fast and give alms during Lent](#); [What is Lent?](#); [The 3 Pillars of Lent for Families](#)





**WE NEED NEW
VOLUNTEERS!**

TABER YOUTH DO CREW

Meet new friends, learn valuable work and life skills, and make a difference in your community by volunteering and leading service projects



Time commitment of 2
or 3 2-hour meetings
per month

Meetings held in-person
at Downtown Taber
FCSS

Contact Shannon Rawluk for more information
shannon.rawluk@fcss.ca
[403-332-0629](tel:403-332-0629)



How have you experienced
**WALKING
TOGETHER**
AS THE CHURCH?

CATHOLICYC.CA/ **SYNOD**



2021-2023 **SYNOD**
ON SYNODALITY
MARCH 4-12

NOVENA

A Novena is an ancient devotion that consists of 9 days of prayer in preparation for a feast day or for a specific intention. The original novena of prayer happened between the Ascension of the Lord and Pentecost as the disciples and Mary prayed in the upper room awaiting the coming of the Holy Spirit.

Following their example, all faithful of the Diocese of Calgary are invited to unite in the Diocesan Novena of Prayer for the Synod as we invoke the presence of the Holy Spirit and the Lord's guidance in preparation for the synod encounters that will take place in our parishes and communities.

The Novena will commence on March 4th and finish on March 12. It is a fitting time to begin the Novena on the first Friday of the month because of all the graces and spiritual promises of first Friday devotion. Many faithful also have a devotion to a Holy Hour before the Blessed Sacrament on first Friday. We invite you to bring the Synod and the Holy Father's intentions before the Lord during your time of prayer.



ROMAN CATHOLIC
DIOCESE
of Calgary

#ListeningChurch



For a synodal Church
communion | participation | mission



PERFORMING ARTS AT ST. FRANCIS JUNIOR HIGH PRESENTS

Disney BEAUTY AND THE BEAST JR.

© Disney



Friday
MARCH
25
7:00 pm

Saturday
MARCH
26
2:00 and 7:00 pm

Sunday
MARCH
27
2:00 pm

Monday
MARCH
28
7:00 pm

Tuesday
MARCH
29
7:00 pm

Tickets \$15 • Available at sfh.holyspirit.ab.ca

Directed by **Dino Caputo**

Music by Alan Menken

Music Direction by **Chris Hartman**

Lyrics by Howard Ashman and Tim Rice

Choreography by **Kristen Mazzuca**

Book by Linda Woolverton

Disney's Beauty and the Beast JR. is presented through special arrangement with and all authorized materials supplied by Music Theatre International, 421 West 54th Street, New York, NY USA 10019 Tel. 212-541-4684 www.mtishows.com





Trail 77 Association

The Trail 77 association was created to provide our community with access to maintained trails and regular events in the beautiful coulees of Taber. This group of dedicated like-minded members appreciates the opportunity to encourage

biking, hiking, walking, running, and geocaching for all ages. They also value their position to promote mental wellness within the community through movement & exercise. For more information follow us on Facebook (Taber Trail 77) or on our website at www.tabertrail77.ca See you out there!

GNARLY NIBLETS

Gnarly Niblets

Learn some skills, know the trails, have some fun! 2021 marked the first year

of our kids mountain bike program, the Gnarly Niblets, and it was a great success. In 2021 we opened up registration for a 5 week bike club for kids ages 6-11. We took in 24 kids and it was booked up within the hour! We hope to expand our Gnarly Niblets program for 2022, allowing more kids of a larger age group to participate. For more information follow us on Facebook (Taber Trail 77) or on our website at www.tabertrail77.ca

Gnarly Niblets bike club will teach you:

- How to mountain bike
- How to maintain your bike
- Taking care of trails
- Trail safety and trail building



Oldman Mayhem

Situated in the coulees of Southern Alberta are bike trails set to inspire, challenge and create memories for all who are willing to meet the challenge of the Oldman Mayhem. With over 10km per loop, this 4 hour timed event is both a challenge and a great opportunity to push yourself. In 2021, our

inaugural year, we sold out with over 80 riders total, riding as solo or teams. Next year it is sure to sell out quickly! Come out to Taber for a weekend of camping, good food, good friends and great biking.

We're adding more fun, trails and categories for the race on July 16, 2022. Eat. Ride. Party.

You may not be an oldman, but you're part of the mayhem. For more information follow us on Facebook (Oldman Mayhem) or on our website at www.tabertrail77.ca



Taber Tuff

The Taber Tuff is a baby ultra run through the coulees of Taber. If you've never done an ultra before or need a prep race, this is a great option. Great views of the river valley and running through

ravines makes this a beautiful yet challenging race. The race is set to happen on July 9, 2022. For more information follow us on Facebook (Taber's Tuff 25 / 12.5) or on our website at www.tabertrail77.ca

KALEIDOSCOPE YOUNG WRITERS CLUB

FRIDAY, MAR 11 & 25

Play writing games, co-create stories, share your work, and plan your next writing projects!

YOUTH 13 TO 18
6:00 - 8:00 PM
FREE ONLINE PROGRAM

Register at any time!
Contact Jamie Lewis at
403-795-2963 or jamie.lewis@fcss.ca

KALEIDOSCOPE FCSS
INCLUSIVE YOUTH PROGRAMMING
Family & Community Support Services
www.fcsc.ca

GOSPLAY club

SATURDAY, MAR. 26TH
2 - 4 PM

Learn from experienced cosplayers, plan your own costumes, and meet new friends!

FREE ONLINE PROGRAM
YOUTH 13-18

Register by contacting
Jamie Lewis at
403-795-2963 or
jamie.lewis@fcss.ca.

KALEIDOSCOPE FCSS
INCLUSIVE YOUTH PROGRAMMING
Family & Community Support Services
www.fcsc.ca



ART GAMES NIGHT

hang out, make art and play creative games

THURSDAY, MARCH 17
6:00 TO 7:30 PM

ONLINE EVENT
YOUTH 13 TO 18

Register by contacting Jamie Lewis at 403-795-2963 or jamie.lewis@fcss.ca



MARCH 2022

FREE ONLINE EVENTS | YOUTH 13 - 18

ONGOING

- YOUNG WRITERS CLUB**
 FRIDAYS @ 6-8 PM
 MARCH 11 & 25
 ONLINE
- DUNGEONS & DRAGONS**
 SATURDAYS @ 2-4 PM
 MARCH 5 & 19
 ONLINE
 WAITLIST OPEN

COSPLAY CLUB
 Join our brand new monthly cosplay club. We will cover new topics every month like design, costuming on a budget, wigmaking, armour and more!
SATURDAY, MARCH 26
 @ 2 - 4 PM

ART GAMES NIGHT
 Hang out with friends while you play art-based games like Pictionary, Skribbl.io, Jackbox, and more!
THURSDAY, MARCH 17
 @ 6 - 7:30 PM

Contact Jamie Lewis at 403-795-2963 or jamie.lewis@fcss.ca to register!




LAUNDRY FOR LENT

Accepting donations of laundry items for the Taber Food Bank until April 14.

All items donated also go towards the Food Truck Contest.

Drop your items off with Mrs. Ulrick in the library.



Lethbridge Cougars Basketball Club – LCBC (Formerly known as Cougar Club)

Welcome to spring CLUB BASKETBALL!

LCBC TRYOUT LOCATION:

- CCH Campus East: 405 18th St. S.

TRYOUT SCHEDULE:

Boys

MON. MARCH 21 & WED. MARCH 23 @ CCH EAST CAMPUS

BOYS U11 (current year gr. 4&5) **6:00 – 7:15pm**

BOYS U13 (current year gr. 6&7) **7:15 – 8:30pm**

BOYS U15 (current year gr. 8&9) **8:30 – 9:45pm**

Girls

TUES. MARCH 22 & THURS. MARCH 24 @ CCH EAST CAMPUS

GIRLS U11 (current year gr. 4&5) **6:00 – 7:15pm**

GIRLS U13 (current year gr. 6&7) **7:15 – 8:30pm**

GIRLS U15 (current year gr. 8&9) **8:30 – 9:45pm**

U17 TRYOUTS FRI. MARCH 25 @ CCH EAST CAMPUS

GIRLS U17 (current year gr. 10-11) 1:00– 2:30 pm

BOYS U17 (current year gr. 10-11) 3:00– 4:30 pm

IMPORTANT NOTES FOR TRYOUTS:

- Please try to ensure you are at each tryout session
- Please arrive at least 15 minutes early for registration, gear sizing, etc.
 - Bring your own water bottle, basketball shoes, shorts, and Cougar Jersey if you have one from a previous year.
 - Please note that all information collected in this form will be retained and used only if your child accepts a position on one of our tournament or exhibition teams.



[Use this QR code or click this link to register](#)



FEE INFORMATION:

- LCBC Base Fees this year are as follows:
 - **U9 – \$100** includes a basketball and a t-shirt
 - For Tournament teams: **U11: \$350** **U13/15/17: \$450** **PRACTICE PLAYER: \$200**
 - For **U11/U13 EXHIBITION teams: \$100.**
- These Fees include: Warm-up Shirt with the last name on the back, Hoodie, JERSEY & SHORTS (ALL NEW THIS YEAR) tournament entry fees, referee costs, player insurance, ever-greening supplies, coaches' honorarium, other miscellaneous costs.
- LCBC will also have a team store where players and families will be able to order additional LCBC gear at their own cost.
- CLUB FEES ARE DUE AT YOUR PARENT MEETING FOLLOWING YOUR CHILD'S FINAL DAY OF TRYOUTS!
 - An invoice will be emailed to you in order to pay your fees with a credit card. E-transfer to lenthbridgecougarsbasketball@gmail.com will also be accepted for those who don't have a credit card.

PARENT MEETING:

- PARENT MEETINGS WILL BE IN THE **CAFETERIA ON CCH EAST**, 30 MINUTES IMMEDIATELY FOLLOWING YOUR CHILD'S FINAL DAY OF TRYOUTS!
 - **ON TUESDAY, MARCH 22ND for U11/13/15 BOYS**
 - **THURSDAY, MARCH 24th for U11/13/15 GIRLS**
 - **FRIDAY MARCH 25TH FOR U17 BOYS AND GIRLS**

Thank you for coming out! Good luck in tryouts!

U9 (grade 2 and 3) Developmental basketball

- tryouts are not required for this group. First to sign up.



<p>Girls: 10 sessions Tuesdays 4:30–5:30 @ Ecole St. Mary School Beginning March 22, 29, April 5, 12, 26, May 3, 10, 17, 31, June 7</p>	<p>Boys: 10 sessions Thursdays 4:30–5:30 @ Ecole St. Mary School Beginning March 24, 31, April 7, 28, May 5, 12, 19, 26, June 2, 9</p>
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[Use this QR code or click this link to register](#)



Registration is from
Feb. 28 till March 28, 2022

Go to

<http://taberball.rampregistrations.com>

T-Ball (4-6y) Monday/Wednesday \$90.00

Machine Pitch (6-8y) Monday/Wednesday
\$120.00

Minor (9-10y) Tues/Thursday \$150.00

Major (11-12y) Monday/Wednesday \$150.00

Intermediate (13y) TBD \$150.00

Teenager (14-16y) TBD

Questions??

Email: taberbaseball@gmail.com

CAREER EXPLORATION SESSION

OPTOMETRIST

MARCH 31, 2022
4:30pm

An optometrist is a registered health professional providing primary eye care in their community through assessment, diagnosis, evaluation, treatment, and referral to secondary eye care providers. Optometrists prescribe medical devices (glasses, contacts, or low vision devices) to treat refractive errors. Optometrists also prescribe medications or treatment plans to manage acute and/or chronic ocular diseases. Join Dr. Unick to find out more about optometry and the professional balance between medical care and business management.



**Register now for this
FREE virtual session!**

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca



CAREER EXPLORATION SESSION

PLUMBER

MARCH 24, 2022
4:30pm



Do you know the difference between a commercial/industrial and residential plumber? Interested in learning about the wide range of services which include everything from overall project and construction management, to fabrication and installation of heating and plumbing systems? Find out more about a career in commercial/industrial plumbing by joining DMT in this upcoming virtual session.



**Register now for this
FREE virtual session!**

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca