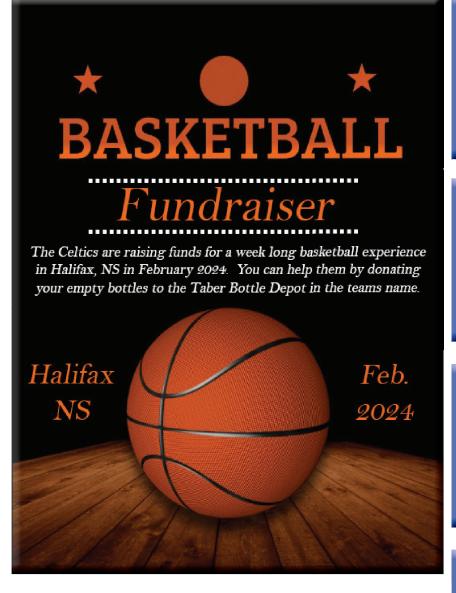
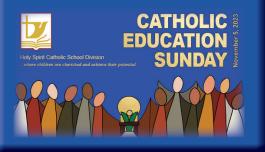
St. Mary's School

Ecce Ego Sum Mitte Me

November 2023





Academic Awards Wednesday November 8

Remembrance Day Ceremony Thursday, November 9

No School Nov. 10 & 13

Lest We Forget

Thursday, November 16 SMS Post Secondary Fair

"Declare his glory among the nations, his marvelous works among all the peoples."

Psalm 96:3

St. Frances Xavier Cabrini 1850-1917 (Feast Day: November 13)

Pilgrims of Hope

Maria Francesca Cabrini was born on July 15, 1850 in what is now Lombardy, Italy, the youngest of thirteen children in a farming family. As a young person, she dreamed of becoming a missionary and achieved a teaching certificate. In 1870, she became the headmistress of an orphanage, and in 1870, took her religious vows. It was at this point that she took the name Xavier, to honour the patron saint of missionaries, St. Francis Xavier. In 1880, along with several other religious sisters, she formed the Missionary Sisters of the Sacred Heart of Jesus, and became known more popularly as Mother Cabrini.

The order was very active in Italy, supporting orphans and providing education and housing, which led to Mother Cabrini being asked by the Pope to migrate to the United States to support the growing Italian-American population. While she was initially resistant to this idea, Mother Cabrini did emigrate in 1889 to New York. While there, she and her sisters established schools, orphanages, and hospitals in a time before governmental support for these types of institutions. She became an American citizen in 1909, and when canonized in 1946 became the first American saint.



"Building" In Our Schools

Influenced by the book "The Dot", International Dot Day (a global celebration of creativity, courage, and collaboration) is held yearly on September 15th. *The Dot*, a book written by Peter H. Reynolds, is a story of a caring teacher who dares a doubting student to trust in her own abilities by being brave enough to "make her mark." Standing at 4 feet high, St. Michael's Pincher Creek's grade 7 homeroom replicated the faith plan image using a variety of assorted sizes and coloured dots. What a beautiful faith-building expression of creativity!

Corporal Works of Mercy – Bury the Dead –

Did you know that this Corporal Work of Mercy is the only one not found in Matthew 25? Most often, reference is made to Tobit. Tobit risked his own life to ensure that his fellow Israelites received a proper burial during a time of oppression. We also know about the importance of human dignity as Catholics. Jesuit Father James Keenan has noted that "the significance of burying the dead is then rooted in the profound respect that Christians have for the human body. The human body created and redeemed by God is to be raised up by God in glory."

November is a month where we are often more conscious of praying for the deceased and those who are grieving, as we observe both "All Souls' Day" and "Remembrance Day". Through our prayers and actions, we show our respect for life, which is always a gift from God, and seek to comfort those who mourn.

What might some practical suggestions be?

- Be faithful about attending prayers, wakes, and funerals
- Spend time with those who are grieving or who have experienced loss
- . Go with friends and relatives to visit the cemetery
- Offer daily prayers for those with terminal illnesses and for those who have died
- Send Mass cards to families of those who have died

Pope's Prayer Intentions - Let us pray for the Pope that, with the help of the Holy Spirit, he may continue to accompany in the faith the flock entrusted to him.

Catholic Social Teaching — Subsidiarity —

Through the course of this year, we will look each month at one of the Catholic Social Teachings. The aim of Catholic Social Teaching is to shine the light of the Gospel on our contemporary world, allowing us as disciples of Christ to look at the world around us with new eyes, and to take action.

Mother Cabrini was well known for her works of service, in a time when the government did not provide the same levels of funding and structure as it does today. She saw a need, assessed the need, and chose to take the actions that she could to try to address the need. When we act in this way, seeking to create solutions with those around us, we are engaging in subsidiarity.

"The principle of subsidiarity allows everyone to assume his or her own role in the healing and destiny of society. Implementing it, implementing the principle of subsidiarity gives hope, it gives hope in a healthier and more just future." (Pope Francis)

The basic premise of subsidiarity is that local groups, associations, and institutions are often in the best position to deal with local issues, and should be supported by higher orders of government in addressing them. We often see this principle applied by organizations such as Chalice, that seek to work together with those at the local level in supporting development programs.

Learn more about subsidiarity with one of these resources:

The Religion Teacher - <u>Subsidiarity</u>
Caritas Australia - <u>Subsidiarity</u>
CAFOD - <u>Subsidiarity</u>



"During our daily ordinary tasks, whatever our work, let us offer every act to the Heart of Jesus for the conversion of sinners." (St. Frances Xavier Cabrini)



The Catholic Bishops of **Alberta** and the

Les **évêques catholiques** de **l'Alberta** et des Northwest Territories Territoires du Nord-Ouest

8421 - 101 Avenue, Edmonton, Alberta, Canada, T6A 0L1 | T 780.469.1010 F 780.465.3003

October 5, 2023

Dear Sisters and Brothers in Christ.

"Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go." (Joshua 1:9)

Our theme for Catholic Education Sunday this year is: "Courage to Lead". Parents, educators, administrators, trustees, and clergy are all invited to engage their responsibility of leadership to strengthen and promote Catholic education, through which we lead the children entrusted to our care to know, love, and follow Jesus Christ.

Publicly funded Catholic education in Alberta is a unique and cherished historical gift, for which we are grateful. It is an invaluable offering to both the Catholic community and wider society, carrying growing responsibility in an increasingly secular world. In the face of many societal changes and challenges, we share the responsibility of ensuring that our faith-based education remains steadfast in its fidelity to the teachings of the Church. We are all called to lead with courage, secure in God's love.

Leadership within Catholic Education involves guidance with a sense of purpose, driven by the mission to nurture in our young people a joyful reliance upon the Holy Spirit, unwavering trust in the words of the Lord Jesus, and abiding confidence in the providence of our Heavenly Father. Beyond academic excellence, dedicated educators will permeate all aspects of school life with the Catholic faith. Parents and clergy have their role to play by strengthening the relationship of our schools with both home and parish. In addition, all Catholics exercise their responsibility by offering the support of their prayers and advocating strongly for our schools. Every effort counts in the promotion of our Catholic education system.

OFFICE HOURS FOR SMS TEACHERS SEMESTER 1 (2023-2024)

Do you need extra help with any subjects or assignments? Check out this chart for extra time the teachers are putting in for just that reason. Stop in and ask your questions, or get the help you need. Parents are also welcome to make an appointment to stop in for a chat.



Mr. Bergenhenengowen	Mondays	3:15 - 3:45 p.m.
Mrs. de Jong	Mondays	3:15 - 3:45 p.m.
Mr. Doolittle	Tuesdays	3:15 - 3:45 p.m.
Ms. Huehn	Wednesdays	3:15 - 4:30 p.m.
Mrs. Lagler	Wednesdays	3:15 - 3:45 p.m.
Mr. Makarchuk	Wednesdays	3:15 - 3:45 p.m.
Mr. Marchesin	Tuesdays	3:15 - 3:45 p.m.
Mrs. Meier	Tuesdays	3:15 - 3:45 p.m.
Mrs. Siemens	Mondays/Wednesdays	3:15 - 3:30 p.m.
Mrs. Smith	Tuesdays	3:15 - 3:45 p.m.
Ms. Uyesugi	Tuesdays	3:30-4:00 p.m.
Ms. Vienneau	Tuesdays/Thursdays	3:15 - 3:30 p.m.
Mr. Vornbrock	1st, 2nd & 4th Wednesday	3:15 - 3:45 p.m.

OFF-CAMPUS NEWS



Trades4U Night (formerly Try a Trades Night)

Wednesday, November 22, 6:30pm-8:30pm



Spend an evening trying a skilled Trade at a local business. This event is open to students in grades 9 to 12. Locations are in Lethbridge, Taber, Coaldale and Fort Macleod When registering check location and time as some times may vary.

> Register at: https://tinyurl.com/4ba6nbek Contact Mr. Boschee for more information.

Post-Secondary Fair

Wednesday, November 8th, 2023 5:30 to 7:30pm

At Immanuel Christian Secondary School 802-6 Ave N, Lethbridge

5:00 & 6:30pm-Finance & Scholarships Presentations 5:45 & 7:15pm-Transitioning to Post-Secondary Presentations Questions? Call 403-328-399 or email careersteps.ca Sponsored by Career Transitions

3rd Annual It's Your Future. What's Your Plan?

Off-Campus Post-Secondary Event **Grades 10-12**



November 16th 9 to 11am

at St. Mary's school in Taber

See you there!

November Virtual Career Sessions

Autobody Technician - Nov. 2-4:30pm

Mortgage Specialist - Nov. 14 - 4:30pm

Pharmacist - Nov. 21- 5:00pm

Surveyor - Nov. 23 - 4:30pm

Communications Officer - Nov. 28 - 5:00pm

Forest Officer - Nov.29 - 5:00pm

Register for any or all of these sessions at:

https://careersteps.ca/

Hours

All Rap and Work Experience students please remember to send in your hours to Mr. Boschee.

Lethbridge College Winter Session Dual Credit Courses



Students can now apply for Lethbridge College Dual Credit Courses which will run from January 29 to May 3, 2024.

There 23 different courses to choose from.

For a full list of the courses go to: https://

lethbridgecollege.ca/programs-and-courses/dual-

credit Contact Mrs. Gurr for an application form.

If any students are interested in taking:

Intro to the Trades, Intro to Transportation Trades, Intro into Construction Trades, or Intro into Culinary Trades please contact Mr. Boschee ASAP.

Your Off-Campus Team



Mark Boschee - Off-Campus Coordinator Cell: 587-220-4258 or Email: boscheem@holyspirit.ab.ca Wendy Gurr - Career Practitioner - 403-327-4596 Ext 312 or Email: gurrw@holyspirit.ab.ca

SMS School Council



My name is Thomas Machacek. I am the Trustee for the Holy Spirit School Division and represent Schools both in Taber and Bow Island.

My wife Darla and I have four grown children who all attended both St. Pat's and St. Mary's.

I farm for a living and have spent my entire life in Taber.

Being active in the community is important to me and I serve on the Taber Chamber, Cornfest Committee, Community Futures and the Taber Pheasant Fest. I'm also on a number of Agricultural Boards and help out at our Church, St. Augustine's when I can.

I am a firm believer in Catholic education and feel a choice for students is truly a blessing and something the we as Albertans need to continue to support. Our children are a gift from God, they deserve a strong faith-based education to ensure they are ready to be successful in their future ahead.



Hello, my name is Laurie Kerkhoff and I have been the St. Mary's School Council Chair since 2020.

My husband Todd and I were both born and raised in Taber. I am a registered dental hygienist and also do bookkeeping for the family farm. I am an alumnus of St Mary's school (Grad class of 1990), as is our daughter Morgan (Grad class of 2014), and our son Lucas is currently in grade 9. Our family enjoys spending time outdoors and watching our kids play sports. I am very involved with the parish community with roles on the Liturgy Committee, Parish Council, and the CWL.

I joined the School Council when Lucas started Grade 6 as it was important to be involved and to stay connected with the school. Several executive positions were open, so I volunteered to fill any of

the positions...and ended up as the Chair. Initially, I was unsure of my qualifications for the role, however, I soon came to realize it was more manageable than it seemed and I enjoyed the leadership position. Being on the School Council has provided an opportunity to connect with the school administration and staff, the trustee, and the student, community, and parish representatives, where we can collaborate and share information about the various aspects of education, faith, community and student well-being.



Parish Rep: Jason Baier, new St. Augustine's Parish Council Chair, St. Mary's alumni graduated in 1992, has lived in Taber for 45 years, married with one child.



SMS School Council



My name is Tamara Miyanaga and it is my honor to serve as the Community Representative on St. Mary's school council. I try to bring awareness of community events and opportunities for students and their families.

Mark and I farm with our family north of Taber. We have belonged to St. Augustine's parish for 32 years. Our three daughters live in Edmonton, Calgary, and Lethbridge. Our son-in law's brighten our family and grandson Theo is a true blessing. Involvement in our parish, school and community will enrich your life and those around you. If you can, take time to give back, even if it's attending the monthly meeting.



My name is Sue Sawatzky, I am honored to serve as secretary on St. Mary's School Council this year.

My husband David and I along with our four children have found amazing community and friendships in Taber, the Holy Spirit Schools, as well as St. Augustine's Parish. We have one daughter in St. Mary's and one in St. Patrick's. Two of our children have graduated and are pursuing their dreams at University of Lethbridge and in the work force.

I decided to be a part of St. Mary's School Council because I believe in the value of quality Catholic Education and want to be an active participant in my children's school and look forward to offering what I can and learn much from the experienced council members.



My name is Laurie Untereiner and I am the treasurer for St Mary's School Council. I live in Taber with my husband Brent and our three children. Kaitlyn is in her first year of post secondary, Evan is a grade 11 student, and Blake is in grade 7. I also went to St Mary's myself.

I feel being on parent council is a very important role to be able to better understand what's going on in our school and stay connected. I first joined about 8 years ago and still see a strong value in being part of council.

Athlete of the Week



Nyla DeBoer is our St. Mary's Athlete of the week, sponsored by Harley Phillips. Nyla is recognized for her participation on the St. Mary's SV girls Storm volleyball team. Nyla has a positive attitude and is a great team player. She has great passing and has become more offensive at the net with her hitting. She has also

learned a new position mid season and has done well. Her serving is consistent and challenging for the opposing team to return. She has great court awareness and anticipates the play well. Way to go Nyla!



Pablo is our St. Mary's Athlete of the Week, sponsored by Harley Phillips. Pablo is recognized for his participation on the St. Mary's Cross Country team. Pablo never missed a training run and is always eager to go out on runs throughout the week exploring our local trails. He had a great race last Wednesday at Zones in

Pincher Creek on a very challenging course. He also raced this past weekend in the Coalhurst Fun Run and finished an impressive second place in his age category and fourth overall! Well done and Congratulations Pablo!



Lyndon is our St. Mary's Athlete of the Week, sponsored by Harley Phillips. Lyndon is recognized for his play on the St. Mary's golf team. He won the silver medal at the IA ASAA south zone golf championship. Lyndon tied for first after 18 holes of golf, shooting 76. It went to a three hole playoff, and Lyndon ended up finishing

second, earning the silver medal and spot in the Provincial championship in Lloydminster. At Provincials Lyndon shot a 76 on his first round putting him in twenty eighth place. On his second round he shot 79, placing him tied for thirtieth overall and in first for 1A boys. Way to play Lyndon! We are so proud of all your hard work and success!!



Madalynn is our St. Mary's Athlete of the Week, sponsored by Harley Phillips. She has been selected for her play on the JV Storm volleyball team. Madalynn was nominated for her positive energy and willingness to always go for the ball. She has a great attitude all the time and always pumps the team up before, and during, a

game. Madalynn has no fear of diving and is always ready to slide across the floor for a ball. Way to go Madalynn!!

Band News

The St. Mary's Christmas Concert is not that far away. The concert will be held on Wednesday, December 20th, at 7:00 in the school gym. Please mark this date on your calendar. All band students from grades 6-12 will be taking part in this concert. Parents are reminded that students must have a white dress shirt or sweater with no writing on it, as well as a black pair of pants or skirt. Tickets are not required but there will be a silver collection at the door to help support the St. Mary's Bands.

The St. Mary's Senior Band will be performing at the Town of Taber Remembrance Day Ceremony on Saturday, November 11th at 10:50 am at the Taber Civic Centre. Students will be meeting at the school at 9:20 to help move equipment to the Civic Centre. We look forward to performing at a very worthwhile event.

The St. Mary's Band Booster Club has begun its second fundraiser of the year. To help raise money for our Junior/Senior Band trip to Vancouver in May, the students are selling Ben's Beef Jerky. Bags are \$22 each and are full of great, fresh, Alberta Beef Jerky. It comes in 4 flavours: Original, Teriyaki, Sweet and Spicy and Smoky River. Orders must be in by November 8th and the jerky will be delivered to the school around November 23rd. Please see any band student from grade 7-12 if you would like to order some jerky!

The St. Mary's Band Booster Club would like to thank everyone who supported our latest fundraisers. The Dieleman's order arrived early! Please check your order carefully for any missing or damaged items when you receive it. Also, please do not delay in distributing your orders. Please send an e-mail (makarchuka@holyspirit.ab.ca) or a note with your son or daughter if there is something missing or damaged so we can get it taken care of.

The next executive meeting of the St. Mary's Band Booster Club will be Tuesday, December 5th at 7:00 pm in the band room. Any interested parents are encouraged to attend.

All band students are reminded that they need to complete one Home Performance Assignment EVERY month. Assignments are due the first school day of the new month. These assignments are worth 10% of a students mark, so please do not forget to do them and hand them in. For extra forms, please contact Mr. Makarchuk at makarchuka@holyspirit.ab.ca The next assignment is due December 1st.

All grade 6-8 band students should be completing a practice sheet every week and handing them in to the band room. To receive full marks, students need to practice 70 minutes per week. Extra sheets are available in the band room.







Alberta Winter Games Zone 1

Badminton Team
Selection tournament

REGISTER

(Deadline November 9)

Date: November 19, 9:00am - 2pm

Age: Under 17, minimum age is 11

Location: Lethbridge College

For more information contact

lethbadclub@gmail.com or scan

the QR code

Price: Must be a local member of Badminton alberta (\$15) and \$20 for the basic admission for the tournament; payable when registering (No fees accepted at the door)









Scholarship Program

You could win one of 40 cash scholarships of \$1,000 each.





About the Scholarship

Are you active in your community or do you have ideas on how to make it a better place to call home? Submit an essay of up to 1250 words answering one of the questions below and you could win \$1000!

- 1. What does a "bright future" look like for you?
- 2. How have you demonstrated leadership or charity within your community to make it a better place?
- 3. How can we ensure fair and affordable housing for all Canadians?



To be eligible, entrants must be a Grade 12 student attending high school in Canada* in the September 2023 – June 2024 academic year. Entrants must not have previously participated in a commencement ceremony.

How to Apply

Submit an essay online between September 12, 2023 and March 13, 2024.

Go to

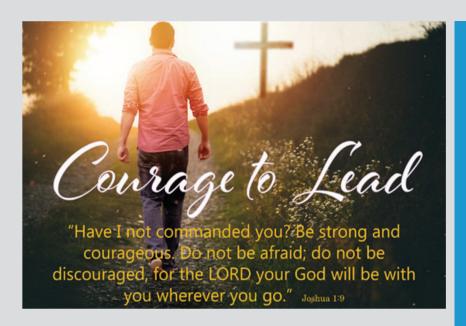
https://blog.remax.ca/quest-for-excellence/

For inquiries email questforexcellence@remax.ca

RE/MAX CANADA

*Except Quebec . **All essay entries become the property of RE/MAX Canada. Photos and names of winners may be used in print publications and media.

Each Office Independently Owned and Operated. 23_841



CATHOLIC EDUCATION SUNDAY

NOVEMBER 5, 2023



CELEBRATING IN
PARISHES WITH
CATHOLIC SCHOOLS
AND ADVOCATES

GRATEFULLY
ADVOCATING FOR
CATHOLIC
EDUCATION

THE MISSION OF
GRACE IS TO
INSPIRE,
INVIGORATE AND
EMBOLDEN THE
SPIRIT OF CATHOLIC
EDUCATION IN
ORDER TO UNITE,
ENGAGE, EDUCATE
AND ADVOCATE
WITH ONE VOICE ON
ITS BEHALF

FOLLOW GRACE ON SOCIAL MEDIA

GRACE WEBSITE





Students, parents, teachers — Come and talk with representatives from local, provincial and out of province institutions at this fair. Registered institutions can be found at https://www.careersteps.ca/post-secondary-fair/











PRESENTATIONS

5:00 – Finance and Scholarships
5:45 – Transitioning to Post-Secondary
6:30 – Finance and Scholarships
7:15 – Transitioning to Post-Secondary



Learn how to finance your post-secondary education. Student finance representatives from University of Lethbridge and Lethbridge College will be on hand to answer specific questions.

Transitioning to Post-Secondary

The transition from high school to Post-Secondary can be daunting. Learn what to expect, plus tips and tricks to navigate the switch.

Questions? Call 403-328-3996 or email office@careersteps.ca

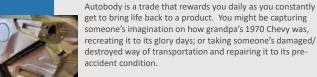
CAREER EXPLORATION SESSION

AUTOBODY TECHNICIAN

NOVEMBER 2, 2023 4:30pm



The Autobody industry provides many options to specialize, including Autobody Repairer, Autobody Refinisher, Repair Planner and Estimator.



Russ, from Ultimate Auto Care will be here to discuss and answer questions on this rewarding career.



Questions? Email office@careersteps.ca



MORTGAGE SPECIALIST





CAREER

A Mortgage Specialist is more than lending. It is being a trusted advisor, not only helping clients achieve homeownership, but also advising them on how to prepare for homeownership. It is making connections, guiding people on the appropriate steps to qualify today, or in the future.

ATB

Arlee, from ATB, will tell you more about this rewarding and exciting career in which you wake up everyday not knowing where the day will lead you.



Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca





CAREER EXPLORATION SESSION



PHARMACIST

NOVEMBER 21, 2023 5:00pm









A Pharmacist is a highly trained healthcare professional responsible for dispensing medications and providing essential guidance on their safe and effective use. They play an important role in patient care by ensuring accurate medication dosing, detecting potential drug interactions, and offering valuable advice on managing health conditions. Pharmacists work in various settings. Their expertise contributes to improving health outcomes and patient well-being through the responsible management of medications.

Join Sydney to find out more about the role of a Pharmacist in management of your medications and health conditions.



Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca



CAREER EXPLORATION SESSION

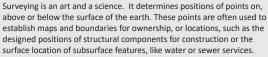
SURVEYOR

NOVEMBER 23, 2023 4:30pm











As a Surveyor, you'll have access to the latest technologies in your chosen field: GPS, Total Stations, Laser Scanning, or Flying Drones.

Jim Pinches will host this session with help from Lethbridge College alumni.



Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca









interactions, and handle public relations. They conduct public awareness and engagement campaigns.

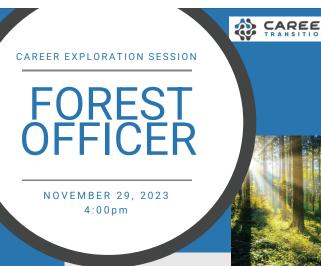
This role often manages social media and ensures consistent branding and messaging. A communications officer ensures transparent communication between an organization and its audience.

Join Wesley Lebeau to learn more about the skills and experience that help lead to a successful career in communications.

Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca









Would you prefer to work out of an office setting? Are you in good physical condition? Do you have an interest in forestry, wildfire operations, wildlife biology, environmental studies or

Can you readily adapt to changing priorities working both independently and as a team in delivering a diverse workload?

If so. Forest Officer might be the career for you.

Join Trevor Nichols from the Alberta Forest Ranger program to have your questions answered.



Register now for this FREE virtual session!

Once registered, you will receive an email with the link, plus additional information regarding the event.

Questions? Email office@careersteps.ca



Nov 10-12 2023

We are pleased to invite you to the Rowan Beckie U13 Memorial Tournament.

Our tournament is dedicated to the memory of Rowan Beckie. Rowan passed away unexpectedly February 2023 at the young age of 11. Rowan was a tremendous human being. He was all about family and he was known for his kind nature, sense of humour and being the perfect example of sportsmanship. He was a disciplined hockey player which

enabled him to have perspective, maintain poise and do what was best for his teammates. Not every game can be won and Rowan lost with dignity and self respect. He was supportive of his teammates whatever the score was. Rowan was consistently respectful to his coaches and was always eager to learn and improve his game. The Rowan Beckie Memorial Tournament is meant for all players to have fun, try hard and to display respect for teammates, coaches, officials and opponents. There would be no better way to remember and honour Rowan Beckie.

PARENT NIGHT





THE TRUTH ABOUT YOUTH: CULTIVATING DIGITAL WELLNESS

The Lethbridge School Division and Holy Spirit Catholic School Division would like to warmly welcome parents, students, and staff to an evening of insight and collaboration. A collection of panel members with multidisciplinary viewpoints will be offering perspectives about youth and digital wellness. This event is intended to deliver guidance and support for families and individuals who are navigating parenting in the digital age. The panel members will be answering questions that have been submitted by parents (using attached OR Code), and delivering their professional insights.

QUESTION SUBMISSION AVAILABLE ON THE LETHBRIDGE SCHOOL DIVISION WEBSITE



Yates Memorial Theatre

November 15th 2023 7:00pm-8:00pm





HOSTED BY THE
LETHBRIDGE SCHOOL
DIVISION IN
COLLABORATION
WITH HOLY SPIRIT
CATHOLIC SCHOOL
DIVISION



FOR MORE INFORMATION ABOUT DIGITAL WELLNESS: CLICK HERE

Taber Corn Dawgs 4-H Club





What is 4-H?

A club for youth that uses positive development to explore their passions and interests through their projects. 4-H gives youth a chance to learn about leadership, communication, technical skills and life skills

You'll learn, become a team player and leader, while having the chance to make awesome new friends!

There are over 30 projects offered by 4·H Alberta to meet various interests, as well as exploring 4·H and creative options to give you even more variety

4-H Alberta has been helping kids in communities like ours for over 100 years. We have a ton of experience in making learning fun and useful. The 4-H motto is "Learn to Do by Doing," which means that you get to try out new things for yourself. Come join us and learn cool new skills that can help you now and in the future!



Who can join 4-H?



Youth between the ages of 9 and 20 as of January 1, 2024 are able to join as members.

The Cleaver Kid program is an early introduction to 4-H through learning that is appropriate for youth aged 6 to 8 years.

What do we do in the club?

A general meeting is where the club members conduct business using parliamentary procedures and make decisions for the club. A project meeting is where members work on the project they have chosen. In past years members have also decided to do fun activities like laser tag, swimming, skating, bowling, and holiday parties!

Become a volunteer!

Adults can join our club to help guide youth in confidence, independence, resilience, and compassion. Become a mentor, following our proven positive youth development model, and help to install lifelong skills in the leaders of tomorrow.

4-H leaders are set up for success with specialized volunteer leader training and continuous development opportunities. Make a lasting impact on our communities youth by volunteering today!

Contact: tabercorndawgs@gmail.com

Naomi Wiebe: 403-223-0461 Amanda Malone: 403-594-4606 Krista Ruggles: 403-715-9882

WHAM! TRYOUTS

November 26th & 28th at the Civic Center *Times will be announced on our Facebook page.* Visit our webpage to register. Taberwham.weebly.com

If you have any questions please email taberwham@gmail.com







SUPPORT OUR CHILDREN WHEN THEY MIGHT NOT BE OKAY?

Join us as we enjoy learning from Kim Clark as she presents while having a courtesy meal

NOV 16 5:30 - 8:00pm

CEDAR ROOM

Sandman Signature 320 Scenic Drive S, Lethbridge AB

PLEASE RSVP AT

https://www.surveymonkey.com/r/7R9L8CC



OCTOBER 2023 UPCOMING EVENTS

Holiday Smile Cookie

Nov. 13–19, 2023 Taber Tim Hortons







From November 13th-19th, visit the Taber Tim Hortons to purchase a Holiday Smile Cookie. Proceeds will be shared between the Taber Food Bank and Tim Hortons' Foundation Camps, with each receiving 50%.

See the order form on page 3 if you would like to make a pre-order!



Taber Home and Farm Centre and the Taber Food Bank have teamed up! The Vegetable Garden has been selected as the regional winner in the Raise the Barn contest, which means we have won \$8,000 to be used towards the project at the new location by Trout Pond. The Taber Food Bank Vegetable Garden is helping to fill hearts and hands in our community and across the province one plant at a time. Starting November 1st, public voting will go live, and YOU can vote to help us win an extra \$20,000! See page 2 for information on how to vote!



WE NEED YOUR VOTE!



TABER HOME & FARM CENTRE

FOOD BANK VEGETABLE GARDEN

Taber Home & Farm Centre Ltd and the Taber Food Bank have teamed up to Raise the Bar and won \$8,000 for The Vegetable Garden! The Vegetable Garden has been serving up thousands of pounds of locally grown goodness, spreading smiles, and putting nutritious food on the plates of those in need in Taber and surrounding communities.

NOW WE NEED YOUR HELP!

Your daily votes can help us win the grand prize of an additional \$20,000 towards our Vegetable Garden!











2. VOTE FOR OUR PROJECT EACH DAY









Pre-Order Form

From November 13-19, 2023

Tim Hortons owners in Taber will be supporting the Taber Food Bank with the purchase of turkeys and hams to be distributed with Christmas Hampers.

To pre-order Tim Hortons Holiday Smile Cookies, complete this form and submit it to the Taber Food Bank along with cash.

Or

Drop off at Tim Horton's in Taber more than 24 hours prior to your pickup date. This will enable us the time to ensure your order is fresh and ready! Payment can be made by credit/cash at Tim Hortons at time of pickup.

Cookies are \$1.50 each - Box of 12 is \$18

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7	200	
Telephone:	()
Email:		
Email:		Pick Up Time:
	Email:	Telephone: (Email:

Thank you for your support!

Delivery may be available if payment has been made in advance.



